

## Bathing hours Hollum-Ballum

| September 2025 | from  | till  |
|----------------|-------|-------|
| 1-9-2025       | 11:22 | 15:22 |
| 2-9-2025       | 12:29 | 16:29 |
| 3-9-2025       | 13:56 | 17:56 |
| 4-9-2025       | 15:34 | 18:00 |
| 5-9-2025       | 16:59 | 18:00 |
| 6-9-2025       | -     | -     |
| 6-9-2025       | 09:00 | 09:28 |
| 7-9-2025       | 09:00 | 10:16 |
| 8-9-2025       | 09:00 | 10:58 |
| 9-9-2025       | 09:00 | 11:37 |
| 10-9-2025      | 09:00 | 12:17 |
| 11-9-2025      | 09:00 | 12:58 |
| 12-9-2025      | 09:38 | 13:38 |
| 13-9-2025      | 10:18 | 14:18 |
| 14-9-2025      | 10:57 | 14:57 |
| 15-9-2025      | 11:47 | 15:47 |
| 16-9-2025      | 13:14 | 17:14 |
| 17-9-2025      | 14:52 | 18:00 |
| 18-9-2025      | 16:20 | 18:00 |
| 19-9-2025      | 17:24 | 18:00 |
| 20-9-2025      | 09:00 | 09:26 |
| 21-9-2025      | 09:00 | 10:12 |
| 22-9-2025      | 09:00 | 10:51 |
| 23-9-2025      | 09:00 | 11:25 |
| 24-9-2025      | 09:00 | 11:56 |
| 25-9-2025      | 09:00 | 12:26 |
| 26-9-2025      | 09:00 | 12:54 |
| 27-9-2025      | 09:17 | 13:17 |
| 28-9-2025      | 09:31 | 13:31 |
| 29-9-2025      | 09:47 | 13:47 |
| 30-9-2025      | 10:26 | 14:26 |

## Nes-Buren

| from  | till  |
|-------|-------|
| 11:07 | 15:07 |
| 12:14 | 16:14 |
| 13:41 | 17:41 |
| 15:19 | 18:00 |
| 16:44 | 18:00 |
| 17:46 | 18:00 |
| 09:00 | 09:13 |
| 09:00 | 10:01 |
| 09:00 | 10:43 |
| 09:00 | 11:22 |
| 09:00 | 12:02 |
| 09:00 | 12:43 |
| 09:23 | 13:23 |
| 10:03 | 14:03 |
| 10:42 | 14:42 |
| 11:32 | 15:32 |
| 12:59 | 16:59 |
| 14:37 | 18:00 |
| 16:05 | 18:00 |
| 17:09 | 18:00 |
| 09:00 | 09:11 |
| 09:00 | 09:57 |
| 09:00 | 10:36 |
| 09:00 | 11:10 |
| 09:00 | 11:41 |
| 09:00 | 12:11 |
| 09:00 | 12:39 |
| 09:02 | 13:02 |
| 09:16 | 13:16 |
| 09:32 | 13:32 |
| 10:11 | 14:11 |

From 5 July to 30 August 2025, there are lifeguard from 10:00 – 18:00. Lifeguards are also present on 20, 21, 22, 27, 28 and 29 June and 5, 6, 7, 12, 13 September 2025 from 10:00 – 18:00. There are no lifeguards outside these times/dates.

Swimming in the sea is always at your own risk. Do not bathe at low tide and follow the instructions of the KNRM.