

Bathing hours **Hollum-Ballum**

<i>July 2025</i>	<i>from</i>	<i>till</i>
1-7-2025	10:33	14:33
2-7-2025	11:12	15:12
3-7-2025	11:50	15:50
4-7-2025	12:34	16:34
5-7-2025	13:26	17:26
6-7-2025	14:29	18:00
7-7-2025	15:36	18:00
8-7-2025	16:40	18:00
9-7-2025	17:38	18:00
9-7-2025	09:00	09:25
10-7-2025	09:00	10:14
11-7-2025	09:00	10:56
12-7-2025	09:00	11:33
13-7-2025	09:00	12:09
14-7-2025	09:00	12:49
15-7-2025	09:33	13:33
16-7-2025	10:16	14:16
17-7-2025	10:58	14:58
18-7-2025	11:40	15:40
19-7-2025	12:27	16:27
20-7-2025	13:28	17:28
21-7-2025	14:49	18:00
22-7-2025	16:18	18:00
24-7-2025	09:00	09:56
25-7-2025	09:00	10:49
26-7-2025	09:00	11:35
27-7-2025	09:00	12:16
28-7-2025	09:00	12:54
29-7-2025	09:30	13:30
30-7-2025	10:03	14:03
31-7-2025	10:32	14:32

Nes-Buren

<i>from</i>	<i>till</i>
10:18	14:18
10:57	14:57
11:35	15:35
12:19	16:19
13:11	17:11
14:14	18:00
15:21	18:00
16:25	18:00
17:23	18:00
09:00	09:10
09:00	09:59
09:00	10:41
09:00	11:18
09:00	11:54
09:00	12:34
09:18	13:18
10:01	14:01
10:42	14:43
11:25	15:25
12:12	16:12
13:13	17:13
14:34	18:00
16:03	18:00
09:00	09:41
09:00	10:34
09:00	11:20
09:00	12:01
09:00	12:39
09:15	13:15
09:48	13:48
10:17	14:17

From 5 July to 30 August 2025, there are lifeguard from 10:00 – 18:00. Lifeguards are also present on 20, 21, 22, 27, 28 and 29 June and 5, 6, 7, 12, 13 September 2025 from 10:00 – 18:00. There are no lifeguards outside these times/dates.

Swimming in the sea is always at your own risk. Do not bathe at low tide and follow the instructions of the KNRM.